



Preparing for *Marriage*

It's one of the most important decisions you'll make in life . . .

Why not prepare for it the same way you would for other major life changes?



Relationships are complicated . . .

and even when you're hopelessly in love, there are things you may not be watching for or aware of that will impact the way you relate to one another - for better or worse - once you're married.

- Learn about communication patterns in your family and how they'll affect you in your marriage.
- Discover how to develop and maintain intimacy in your relationship.
- Learn how to better manage conflict.
- Increase the level of understanding you have for your partner and build the marriage you both want.

All are welcome!

Date: Saturday, February 13, 2016 at **South Island Centre** (3821A Cedar Hill Cross Road, Victoria, BC, V8P 2M6)

Option 1: \$150.00 per couple for a one-day workshop (9:00am-5:00pm)

Option 2: \$175.00 per couple for three 1-hour individual couple's counselling sessions

Option 3: \$225.00 per couple for a one-day workshop + two 1-hour follow-up sessions

Register by Thursday, February 4, 2016 (payment due upon registration):

- on-line: www.southislandcentre.ca (follow the link on the home page)
- email: courses@southislandcentre.ca
- call (250) 472-2851, extension 101